

**TRAINING ON “HEALTH AND NUTRITIONAL AWARENESS FOR PREVENTION OF
MALNUTRITION IN WOMEN AND CHILDREN” BY KVK CONCLUDED**

ICAR-Krishi Vigyan Kendra (CIARI), N & M Andaman organised a three days training programme on “Health and Nutritional Awareness for Prevention of Malnutrition in Women and Children” for Extension Functionaries of North & Middle Andaman, at Gram Panchayat Hall, Rangat from 22nd to 24th December 2020. The training was inaugurated in the presence of Mukhya Sevika's, PRI and others. Dr. Pooja Kapoor, SMS (Home Science) course coordinator of the programme briefed the gathering about the objectives of the training and discussed about the significance of low cost locally available nutrient dense food in combating malnutrition among vulnerable sections of the society.

Speaking on the occasion, Dr. Shardul Vikram Lal, SMS (Animal Science) highlighted the need for achieving nutritional security which is indispensable for the overall development of the nation and he also discussed about the nutritional significance of animal food in our diet. The training also included demonstration of various low-cost nutritious recipes prepared from the locally available produce/ingredients. All precautionary measures were taken during the program to prevent the spread of COVID-19. The training was organized under the guidance of Dr. B.A. Jerard, Director, CIARI, Port Blair. A total of 23 extension functionaries participated in the training programme.